

# HUMAN RIGHTS DAY - DECEMBER 10

S-I-G-N-I-F-I-C-A-N-T  
D-E-F-E-N-D  
H-U-M-A-N  
R-I-G-H-T-S



S-I-G-N-I-F-I-C-A-N-T  
D-E-F-E-N-D  
H-U-M-A-N  
R-I-G-H-T-S

**"The cost in human lives and suffering is so high that we all have to work to end violence and oppression once and for all. We have to proclaim that every human being is equal, in dignity, in freedom —and, as the first article of the Universal Declaration of Human Rights states, we have to live "in a spirit of brotherhood."**

**-- Federico Mayor**

**Be a Hero for a Culture of Peace - [cultureofpeace.com](http://cultureofpeace.com)**

*...every act of compassion makes a difference...every day counts for a better world...*

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